

THIS EVENT IS HOSTING AN ENGLISH CHAMPIONSHIP

ENGLISH CHAMPIONSHIPS



WANT TO BECOME AN ENGLISH CHAMPION?

Make sure you're eligible here

What are the English Championships?

English Championships represent the top level of amateur competition in England, giving athletes the best opportunity to race to their full potential and become a national champion.

There are 10 English Championships:

- ▶ Aquabike
- ▶ Aquathlon
- ▶ Club Relays
- ▶ Standard Distance Triathlon
- ▶ Sprint Distance Triathlon
- ▶ Middle Distance Triathlon
- ▶ Long Distance Triathlon
- ▶ Cross Triathlon
- ▶ Sprint Distance Duathlon
- ▶ Standard Distance Duathlon



**Scan the QR code
for additional
details or visit
the website:**

**[britishtriathlon.org/
england/events/triathlon-
england-championships](https://britishtriathlon.org/england/events/triathlon-england-championships)**

Medals are awarded to the first three eligible competitors in each five-year age group within the female and open categories, with the exception of the Club Relays*¹. To be eligible for a English Championship medal you must conform to the criteria in Section 24 of the British Triathlon Competition Rules*²:
www.britishtriathlon.org/competitionrules

You must hold a valid Triathlon England membership with a race licence (Core or Ultimate membership) AND be a legal resident or citizen of the United Kingdom at the time of the event. This membership must be validated no later than 5pm, three working days before the Championship race. You must also present your valid Triathlon England membership at the event registration, failure to do so may result in you not being eligible to be awarded an English Championship medal.

Club Relays

*¹ Medals will be awarded to the first three eligible teams for Juniors, Seniors, Vet 40+ and Vet 50+.

*² To be eligible for a Club Relay Championship medal, you must also conform to section 16.5 of the British Triathlon Competition Rules.

*³ Triathlon Scotland or Welsh Triathlon Core or Ultimate membership are also accepted at the Club Relays.