

Start time	Wave	Number	firstname	lastname	Age Group	Category	Club	TriathlonOption
6:30am	Wave 1	101	Kathryn	Phipps	E 25-29	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	102	Eleanor	Stevenson	E 25-29	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	103	Kate	Taberham	E 25-29	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	104	Amy	Witzmann	E 25-29	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	105	Eleanor	Pike	D 20-24	Female	Pactrac	Long Distance (100km) Triathlon
6:30am	Wave 1	106	Rebecca	Burge	G 35-39	Female	Pactrac	Long Distance (100km) Triathlon
6:30am	Wave 1	107	Ruth	Dempsey	G 35-39	Female	Total Tri Training	Long Distance (100km) Triathlon
6:30am	Wave 1	108	Sophie	Hedges	G 35-39	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	109	Zoe	Collard	F 30-34	Female	WVTri	Long Distance (100km) Triathlon
6:30am	Wave 1	110	Jessica	Wynn-Werninck	H 40-44	Female	DinoMite Endurance	Long Distance (100km) Triathlon
6:30am	Wave 1	112	Nat	Teece	I 45-49	Female	Wreake Runners	Long Distance (100km) Triathlon
6:30am	Wave 1	114	Shusanah	Pillinger	J 50-54	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	116	Lisa	Tutass	K 55-59	Female	Grimsby Triathlon Club	Long Distance (100km) Triathlon
6:30am	Wave 1	118	Julie	Harrison	L 60-64	Female		Long Distance (100km) Triathlon
6:30am	Wave 1	120	George	Jerrard	D 20-24	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	121	Charlie	Neece	D 20-24	Open	University of Stirling Triathlon Club	Long Distance (100km) Triathlon
6:30am	Wave 1	122	Andrew	Stephenson	D 20-24	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	124	Andrew	Boyd	G 35-39	Open	Speedhub - Lutterworth	Long Distance (100km) Triathlon
6:30am	Wave 1	125	Sam	Chapman	G 35-39	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	126	Jeff	Crowden	G 35-39	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	127	Daniel	Tanner	G 35-39	Open	Ketton Panthers	Long Distance (100km) Triathlon
6:30am	Wave 1	130	Matthew	Batten	H 40-44	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	131	Mark	Cox	H 40-44	Open	Sheffield Triathlon Club	Long Distance (100km) Triathlon
6:30am	Wave 1	132	Delme	Luff	H 40-44	Open	TFN Tri	Long Distance (100km) Triathlon
6:30am	Wave 1	133	James	Sclater	H 40-44	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	134	Chris	Wicks	H 40-44	Open	Ashford Tri Club	Long Distance (100km) Triathlon
6:30am	Wave 1	137	Ben	Garner	I 45-49	Open	Oxford Tri	Long Distance (100km) Triathlon

6:30am	Wave 1	138 Jamie	Heselden	I 45-49	Open	Rothwell harries	Long Distance (100km) Triathlon
6:30am	Wave 1	139 Rhodri	Luff	I 45-49	Open	TFN Tri	Long Distance (100km) Triathlon
6:30am	Wave 1	140 Luke	Messinger	I 45-49	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	141 Ben	Rackley	I 45-49	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	142 James	Sutherland	I 45-49	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	143 Ben	Webb	I 45-49	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	144 Ian	Marcer	I 45-49	Open	Tri-Anglia	Long Distance (100km) Triathlon
6:30am	Wave 1	145 Adam	Wallace	I 45-49	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	146 Chas	Andrews	J 50-54	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	147 Ludy	Dvorak	J 50-54	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	148 Simon	Goss	J 50-54	Open	Team LSF	Long Distance (100km) Triathlon
6:30am	Wave 1	149 Andrew	Smith	J 50-54	Open	Barracuda Triathlon	Long Distance (100km) Triathlon
6:30am	Wave 1	150 Adam	Wright	J 50-54	Open	WVTRI	Long Distance (100km) Triathlon
6:30am	Wave 1	153 Richard	Hall	K 55-59	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	154 David	Hodkinson	K 55-59	Open	Grimsby Triathlon Club	Long Distance (100km) Triathlon
6:30am	Wave 1	155 Vinod	Menon	K 55-59	Open		Long Distance (100km) Triathlon
6:30am	Wave 1	156 David	White	K 55-59	Open	Harpenden Arrows	Long Distance (100km) Triathlon
6:30am	Wave 1	159 Mick	Barlow	L 60-64	Open	Ocean Lake Tri Club	Long Distance (100km) Triathlon
6:30am	Wave 1	160 Giles	Cooper	L 60-64	Open	Rutland Running & Triathlon Club	Long Distance (100km) Triathlon
6:30am	Wave 1	161 Vic	Spain	L 60-64	Open	Born2Tri	Long Distance (100km) Triathlon
6:30am	Wave 1	169 Victoria	Bramley	G 35-39	Female		Long Distance Aquabike
6:30am	Wave 1	171 Nicki	Broad	I 45-49	Female	Newmarket Cycling and Triathlon Club	Long Distance Aquabike
6:30am	Wave 1	173 Kathryn	Bond	J 50-54	Female		Long Distance Aquabike
6:30am	Wave 1	175 Francis	Tickell	H 40-44	Open	Coalville Triathlon Club	Long Distance Aquabike
6:30am	Wave 1	177 Iain	Barton	I 45-49	Open	STIRLING TRIATHLON CLUB	Long Distance Aquabike
6:30am	Wave 1	178 Mark	Hyatt	I 45-49	Open		Long Distance Aquabike
6:30am	Wave 1	180 Ashley	Kirkham	J 50-54	Open	Telford Triathlon Club	Long Distance Aquabike
6:30am	Wave 1	182 Richard	Nixon	K 55-59	Open	Stamford	Long Distance Aquabike
6:30am	Wave 1	184 Chris	Bramley	M 65-69	Open		Long Distance Aquabike

6:40am	Wave 2	186	Jamie	Moore	D 20-24	Open	Bourne Town Harriers	Standard Distance Duathlon
6:40am	Wave 2	187	Jack	Shipton	D 20-24	Open	Pactrac	Standard Distance Duathlon
6:40am	Wave 2	188	Alfie	Ap Dafydd	D 20-24	Open	Triworks Edinburgh	Standard Distance Duathlon
6:40am	Wave 2	190	George	Butler	E 25-29	Open		Standard Distance Duathlon
6:40am	Wave 2	191	Bruce	McLaren	E 25-29	Open		Standard Distance Duathlon
6:40am	Wave 2	192	Harry	Murphy	E 25-29	Open		Standard Distance Duathlon
6:40am	Wave 2	193	Peter	Douglass	E 25-29	Open	Western Tempo	Standard Distance Duathlon
6:40am	Wave 2	194	Adam	Dart	E 25-29	Open	Brownlee Fitness	Standard Distance Duathlon
6:40am	Wave 2	196	Samuel	Allen	F 30-34	Open		Standard Distance Duathlon
6:40am	Wave 2	197	Steve	Barbour	F 30-34	Open	RAF Triathlon	Standard Distance Duathlon
6:40am	Wave 2	198	Dan	Dunnington	F 30-34	Open	Newark Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	199	Myles	Hartley	F 30-34	Open		Standard Distance Duathlon
6:40am	Wave 2	200	Ben	Hawkins	F 30-34	Open	Total Tri Training	Standard Distance Duathlon
6:40am	Wave 2	201	Matthew	Nelson	F 30-34	Open		Standard Distance Duathlon
6:40am	Wave 2	202	Kieran	Buffham	F 30-34	Open	Spalding CC	Standard Distance Duathlon
6:40am	Wave 2	203	Peter	Rought	F 30-34	Open	Halesowen Tri	Standard Distance Duathlon
6:40am	Wave 2	206	Mark	Bettels	G 35-39	Open	London Fields Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	207	Aly	Hadfield	G 35-39	Open	Tri London	Standard Distance Duathlon
6:40am	Wave 2	208	Michael	Housden	G 35-39	Open		Standard Distance Duathlon
6:40am	Wave 2	209	Matt	McCreith	G 35-39	Open	Bingham Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	210	Martin	Minchin	G 35-39	Open		Standard Distance Duathlon
6:40am	Wave 2	211	Brandon	Mood	G 35-39	Open		Standard Distance Duathlon
6:40am	Wave 2	212	Christopher	Rawlings	G 35-39	Open		Standard Distance Duathlon
6:40am	Wave 2	213	Leigh	Schvartz	G 35-39	Open	Oxford Tri	Standard Distance Duathlon
6:40am	Wave 2	214	Tom	Shardlow	G 35-39	Open		Standard Distance Duathlon
6:40am	Wave 2	215	Matthew	Wright	G 35-39	Open	Aloha Tri	Standard Distance Duathlon
6:40am	Wave 2	216	Daniel Paul	Geisler	G 35-39	Open	@Club_coaction	Standard Distance Duathlon
6:40am	Wave 2	218	Daniel	Bancroft	H 40-44	Open		Standard Distance Duathlon
6:40am	Wave 2	219	James	Bray	H 40-44	Open	Barracuda / TTT	Standard Distance Duathlon

6:40am	Wave 2	220 Sean	Burke	H 40-44	Open		Standard Distance Duathlon
6:40am	Wave 2	221 Simon	Carlin	H 40-44	Open	Ocean Lake Triathlon	Standard Distance Duathlon
6:40am	Wave 2	222 Yiannis	Christodoulou	H 40-44	Open	Ashford Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	223 Sean	Epton	H 40-44	Open	Lanark Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	224 John	Franklin	H 40-44	Open		Standard Distance Duathlon
6:40am	Wave 2	225 Nick	Oehring	H 40-44	Open	Barracuda Triathlon	Standard Distance Duathlon
6:40am	Wave 2	226 Grant	Paling	H 40-44	Open	Tunbridge Wells Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	227 Mathew	Potter	H 40-44	Open	None	Standard Distance Duathlon
6:40am	Wave 2	228 Michael	Teft	H 40-44	Open		Standard Distance Duathlon
6:40am	Wave 2	229 Philip	Williams	H 40-44	Open	Lincoln Tri	Standard Distance Duathlon
6:40am	Wave 2	230 Greg	Knight	H 40-44	Open		Standard Distance Duathlon
6:40am	Wave 2	236 Ioan	Hurban	I 45-49	Open	Telford Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	237 Owen	James	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	238 Lee	Johnson	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	239 Gregory	Mead	I 45-49	Open	Endurance Hub	Standard Distance Duathlon
6:40am	Wave 2	240 Michael	Rouse	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	241 Mark	Ryall	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	242 Paul	Schofield	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	243 Alex	Skrine	I 45-49	Open		Standard Distance Duathlon
6:40am	Wave 2	244 Glen	Duncan	I 45-49	Open	Solihull Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	245 Aidan	Adams	I 45-49	Open	Unattached	Standard Distance Duathlon
6:40am	Wave 2	246 Christopher	Ashford	I 45-49	Open	Solihull Triathlon Club	Standard Distance Duathlon
6:40am	Wave 2	250 Mark	Affuso	J 50-54	Open	Melton Olympic cc	Standard Distance Duathlon
6:40am	Wave 2	251 Simon	Bainbridge	J 50-54	Open	British Triathlon	Standard Distance Duathlon
6:40am	Wave 2	252 David	Barnett	J 50-54	Open	Jackpot	Standard Distance Duathlon
6:40am	Wave 2	253 Simon	Brace	J 50-54	Open		Standard Distance Duathlon
6:40am	Wave 2	254 Randolph	Burt	J 50-54	Open	Ocean Lake Triathlon	Standard Distance Duathlon
6:40am	Wave 2	255 Robert	Godlonton	J 50-54	Open		Standard Distance Duathlon
6:40am	Wave 2	256 Giles	Heaman	J 50-54	Open		Standard Distance Duathlon

6:40am	Wave 2	257	Jeremy	Lewis	J 50-54	Open		Standard Distance Duathlon
6:40am	Wave 2	258	Darren	Long	J 50-54	Open	Bourton road runners	Standard Distance Duathlon
6:40am	Wave 2	259	Paul	Lunn	J 50-54	Open	PACTRAC	Standard Distance Duathlon
6:40am	Wave 2	260	Heydon	Mizon	J 50-54	Open	Born2tri	Standard Distance Duathlon
6:40am	Wave 2	261	Leahn	Parry	J 50-54	Open	Halo-ID	Standard Distance Duathlon
6:40am	Wave 2	262	Geoff	Ranson	J 50-54	Open	Werrington joggers	Standard Distance Duathlon
6:40am	Wave 2	263	Paul	Roberts	J 50-54	Open	Coaction	Standard Distance Duathlon
6:40am	Wave 2	264	Olivier	Salmon	J 50-54	Open	Berkshire Tri Squad	Standard Distance Duathlon
6:40am	Wave 2	265	Paul	Singleton	J 50-54	Open	Ambleside AC	Standard Distance Duathlon
6:40am	Wave 2	266	Jon	Steadman	J 50-54	Open	Harlow Running and Tri Club	Standard Distance Duathlon
6:40am	Wave 2	267	Nigel	Swepson	J 50-54	Open		Standard Distance Duathlon
6:40am	Wave 2	268	David	Thompson	J 50-54	Open	Team manvers	Standard Distance Duathlon
6:40am	Wave 2	269	Paul	Vincent	J 50-54	Open		Standard Distance Duathlon
6:40am	Wave 2	270	Al	Deavin	J 50-54	Open	Harrogate Tri Club	Standard Distance Duathlon
6:42am	Wave 3	274	Michael	Buchallet	K 55-59	Open		Standard Distance Duathlon
6:42am	Wave 3	275	Stuart	Popple	K 55-59	Open	WERRINGTON JOGGERS	Standard Distance Duathlon
6:42am	Wave 3	276	Edwin	Datson	K 55-59	Open	London Dynamo	Standard Distance Duathlon
6:42am	Wave 3	277	Steve	Foster	K 55-59	Open		Standard Distance Duathlon
6:42am	Wave 3	278	Stuart	Hathaway	K 55-59	Open	BRJ run&tri	Standard Distance Duathlon
6:42am	Wave 3	279	Richard	Hern	K 55-59	Open		Standard Distance Duathlon
6:42am	Wave 3	280	David	Lloyd	K 55-59	Open	Wyre Forest Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	281	Paul	Martin	K 55-59	Open	wight tri	Standard Distance Duathlon
6:42am	Wave 3	282	Iain	McInnes	K 55-59	Open	Western Tempo	Standard Distance Duathlon
6:42am	Wave 3	283	Paul	Miller	K 55-59	Open	Inverness Harriers	Standard Distance Duathlon
6:42am	Wave 3	284	Chris	Nicoll	K 55-59	Open	Derby Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	285	Mike	Nolan	K 55-59	Open		Standard Distance Duathlon
6:42am	Wave 3	286	Damon	Parker	K 55-59	Open	HUUB Performance Project	Standard Distance Duathlon
6:42am	Wave 3	287	Graeme	Stirzaker	K 55-59	Open	Chichester Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	288	Matthew	White	K 55-59	Open	Belper Bicycle Club	Standard Distance Duathlon

6:42am	Wave 3	289 Dean	Hands	K 55-59	Open		Standard Distance Duathlon
6:42am	Wave 3	290 Andrew	Dovernor	K 55-59	Open	Wakefield Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	292 Richard	Ashton	L 60-64	Open	Team MK	Standard Distance Duathlon
6:42am	Wave 3	293 David	Bagge	L 60-64	Open	Tunbridge Wells Tri Club	Standard Distance Duathlon
6:42am	Wave 3	294 Owen	Barron	L 60-64	Open	Derby triathlon club	Standard Distance Duathlon
6:42am	Wave 3	295 David	Benton	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	296 Andrew	Bowler	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	297 Simon	Bowler	L 60-64	Open	Berko multisport	Standard Distance Duathlon
6:42am	Wave 3	298 Richard	Davis	L 60-64	Open	Tri-Force	Standard Distance Duathlon
6:42am	Wave 3	299 Gary	Farnes	L 60-64	Open	The Running Hub Running Club	Standard Distance Duathlon
6:42am	Wave 3	300 Mick	Flaherty	L 60-64	Open	WAKEFIELD TRIATHLON CLUB	Standard Distance Duathlon
6:42am	Wave 3	301 Tim	Fowler	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	302 Jurgen	Gaiser-Porter	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	303 Gary	Hotchkiss	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	304 Nick	Mansley	L 60-64	Open	Brighton Tri Club	Standard Distance Duathlon
6:42am	Wave 3	305 Keiran	Millard	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	306 Steve	Owen	L 60-64	Open	Team Manvers	Standard Distance Duathlon
6:42am	Wave 3	307 Clifford	Puttock	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	308 Christopher	Simpson	L 60-64	Open	Ocean Lake Tri	Standard Distance Duathlon
6:42am	Wave 3	309 Paul	Spowage	L 60-64	Open	Born2Tri	Standard Distance Duathlon
6:42am	Wave 3	310 Steve	Almond	L 60-64	Open		Standard Distance Duathlon
6:42am	Wave 3	313 Paddy	Butler	M 65-69	Open	Lymington Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	314 Bruce	Ferguson	M 65-69	Open	PEVH Swim Bike Run	Standard Distance Duathlon
6:42am	Wave 3	315 David	Field	M 65-69	Open	Stowmarket Striders	Standard Distance Duathlon
6:42am	Wave 3	316 Tony	Harvey	M 65-69	Open	HMCC	Standard Distance Duathlon
6:42am	Wave 3	317 Mark	Kleanthous	M 65-69	Open	Team IronMate	Standard Distance Duathlon
6:42am	Wave 3	318 Mark	Morgan	M 65-69	Open	Coalville Wheelers Cycle Club	Standard Distance Duathlon
6:42am	Wave 3	319 Steve	Moss	M 65-69	Open		Standard Distance Duathlon
6:42am	Wave 3	320 Gregory	Norman	M 65-69	Open		Standard Distance Duathlon

6:42am	Wave 3	321 Marc	Physick	M 65-69	Open	Stamford Striders	Standard Distance Duathlon
6:42am	Wave 3	322 Kevin	Prevel	M 65-69	Open	Southampton Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	325 Roland	Shaw	N 70-74	Open	Tri-Anglia Triathlon Club	Standard Distance Duathlon
6:42am	Wave 3	326 Brian	Dorans	N 70-74	Open	Team Milton Keynes	Standard Distance Duathlon
6:42am	Wave 3	327 Robert	Holloway	N 70-74	Open	Hillingdon Triathletes	Standard Distance Duathlon
6:42am	Wave 3	328 Steven	Rue	N 70-74	Open	Saint Edmund Pacers	Standard Distance Duathlon
6:42am	Wave 3	332 Mick	Anglim	P 75-79	Open	Hardley Runners	Standard Distance Duathlon
6:42am	Wave 3	333 Paul	Belcher	P 75-79	Open	Pen-y-Bont Tri	Standard Distance Duathlon
6:42am	Wave 3	334 Robert	Hodgson	P 75-79	Open		Standard Distance Duathlon
6:42am	Wave 3	335 Peter	Simpson	P 75-79	Open		Standard Distance Duathlon
6:42am	Wave 3	336 Andrzej	Warhaftig	P 75-79	Open	Hillingdon Triathletes	Standard Distance Duathlon
6:42am	Wave 3	339 Vernon	Thomas	Q 80+	Open	Greenwich Triathlon	Standard Distance Duathlon
6:44am	Wave 4	341 Imogen	King	D 20-24	Female		Standard Distance Duathlon
6:44am	Wave 4	342 Jolly	Lewis	D 20-24	Female		Standard Distance Duathlon
6:44am	Wave 4	345 Rachel	Allen	E 25-29	Female		Standard Distance Duathlon
6:44am	Wave 4	346 Abi	Cooper	E 25-29	Female		Standard Distance Duathlon
6:44am	Wave 4	347 Holly	Hayward	E 25-29	Female		Standard Distance Duathlon
6:44am	Wave 4	350 Abigail	Curtis	G 35-39	Female	Evo Tri Windsor	Standard Distance Duathlon
6:44am	Wave 4	351 Hayley	Plummer	G 35-39	Female		Standard Distance Duathlon
6:44am	Wave 4	352 Kim	Shardlow	G 35-39	Female	Hinckley Running Club	Standard Distance Duathlon
6:44am	Wave 4	355 Charlotte	Coward	H 40-44	Female	London fields triathlon club	Standard Distance Duathlon
6:44am	Wave 4	356 Myanna	Duncan	H 40-44	Female	Brighton Tri Club	Standard Distance Duathlon
6:44am	Wave 4	357 Melissa	McColl	H 40-44	Female		Standard Distance Duathlon
6:44am	Wave 4	358 Margarida	Mirra	H 40-44	Female		Standard Distance Duathlon
6:44am	Wave 4	359 Stephanie	Potter	H 40-44	Female		Standard Distance Duathlon
6:44am	Wave 4	360 Holly	Sibbick-Ferrar	H 40-44	Female		Standard Distance Duathlon
6:44am	Wave 4	361 Sam	Spencer	H 40-44	Female	Ipswich Triathlon Club	Standard Distance Duathlon
6:44am	Wave 4	362 Kathryn	Vaughan	H 40-44	Female	Velo Club Lincoln	Standard Distance Duathlon
6:44am	Wave 4	363 Ceri	Shephard	H 40-44	Female	Stratford on Avon AC	Standard Distance Duathlon

6:44am	Wave 4	365 Sharon	Birch	I 45-49	Female		Standard Distance Duathlon
6:44am	Wave 4	366 Georgina	Dunlop	I 45-49	Female	WaldenTRI	Standard Distance Duathlon
6:44am	Wave 4	367 Elizabeth	Earle	I 45-49	Female	One Life Racing	Standard Distance Duathlon
6:44am	Wave 4	368 Bea	Gostynska	I 45-49	Female	Speedhub Triathlon Club	Standard Distance Duathlon
6:44am	Wave 4	369 Michelle	Mihill	I 45-49	Female	Rutland running and triathlon club	Standard Distance Duathlon
6:44am	Wave 4	370 Tamina	Oliver	I 45-49	Female		Standard Distance Duathlon
6:44am	Wave 4	371 Sandra	Reid	I 45-49	Female	Born2Tri	Standard Distance Duathlon
6:44am	Wave 4	372 Ali	Vaz	I 45-49	Female		Standard Distance Duathlon
6:44am	Wave 4	373 Nic	Wright	I 45-49	Female	Hi Runners	Standard Distance Duathlon
6:44am	Wave 4	376 Lucy	Day	J 50-54	Female	HiRunners	Standard Distance Duathlon
6:44am	Wave 4	377 Helen	Fletcher	J 50-54	Female	Welland Valley Tri club	Standard Distance Duathlon
6:44am	Wave 4	378 Tamzen	Isacsson	J 50-54	Female	Highworth running club	Standard Distance Duathlon
6:44am	Wave 4	379 Helen	Jinks	J 50-54	Female	Speedhub	Standard Distance Duathlon
6:44am	Wave 4	380 Joanna	Lockwood	J 50-54	Female	Trilab	Standard Distance Duathlon
6:44am	Wave 4	381 Liz	Richardson	J 50-54	Female		Standard Distance Duathlon
6:44am	Wave 4	382 Vicky	Steadman	J 50-54	Female	Harlow Running and Tri Club	Standard Distance Duathlon
6:44am	Wave 4	383 Sarah	Terry	J 50-54	Female		Standard Distance Duathlon
6:44am	Wave 4	384 Stephanie	Maclean Dann	J 50-54	Female	North Shields Polytechnic	Standard Distance Duathlon
6:44am	Wave 4	385 Terri	Dovernor	J 50-54	Female		Standard Distance Duathlon
6:44am	Wave 4	386 Sandra	Buckton	K 55-59	Female		Standard Distance Duathlon
6:44am	Wave 4	387 Sue	Butcher	K 55-59	Female	HI Runners	Standard Distance Duathlon
6:44am	Wave 4	388 Lynn	Emmett	K 55-59	Female	Tri-Anglia	Standard Distance Duathlon
6:44am	Wave 4	389 Clare	Hazell	K 55-59	Female		Standard Distance Duathlon
6:44am	Wave 4	390 Olivia	Mitchell	K 55-59	Female		Standard Distance Duathlon
6:44am	Wave 4	391 Alison	Trauttmansdorff	K 55-59	Female	East London Triathletes	Standard Distance Duathlon
6:44am	Wave 4	392 Tracey	Williams	K 55-59	Female	Steyning Athletic Club	Standard Distance Duathlon
6:44am	Wave 4	393 Kirsty	Shannon	K 55-59	Female	Hantspol tri	Standard Distance Duathlon
6:44am	Wave 4	395 Joanne	McKenzie	L 60-64	Female	Carlisle Tri Club	Standard Distance Duathlon
6:44am	Wave 4	396 Rachel	Edwards	L 60-64	Female	GreenlightPT	Standard Distance Duathlon

6:44am	Wave 4	397 Clare	Grindrod	L 60-64	Female		Standard Distance Duathlon
6:44am	Wave 4	398 Julie	Hill	L 60-64	Female	Swim-1st Tri Club	Standard Distance Duathlon
6:44am	Wave 4	399 Caroline	Holden	L 60-64	Female	Kendal triathlon club	Standard Distance Duathlon
6:44am	Wave 4	400 Valerie	Martin	L 60-64	Female	Dooleys Cycles	Standard Distance Duathlon
6:44am	Wave 4	401 Jessica	McMorris	L 60-64	Female		Standard Distance Duathlon
6:44am	Wave 4	402 Louise	Southgate	L 60-64	Female	Stamford Tri Club	Standard Distance Duathlon
6:44am	Wave 4	403 Jo	Stephenson	L 60-64	Female	Stowmarket Striders RC	Standard Distance Duathlon
6:44am	Wave 4	404 Anne	Walton	L 60-64	Female	Belvoir Tri	Standard Distance Duathlon
6:44am	Wave 4	408 Rosemary	Baker	M 65-69	Female	Wakefield triathlon club	Standard Distance Duathlon
6:44am	Wave 4	409 Mary	Twitchett	M 65-69	Female		Standard Distance Duathlon
6:44am	Wave 4	413 Elspeth	Knott	P 75-79	Female	Harwich Runners	Standard Distance Duathlon
6:44am	Wave 4	414 Yvonne	Twelvetree	P 75-79	Female	Sheffield Tri Club	Standard Distance Duathlon
7:00am	Wave 5	421 Hannah	Blake	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	422 Dylan	Crawley	D 20-24	Open	Tri Anglia	Standard Distance Triathlon
7:00am	Wave 5	423 Harry	Green	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	424 Oskar	Rajski	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	425 Ben	Rees	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	426 George	Ross	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	427 Joseph	Vickers	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	428 Owen	Blair	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	429 Jacob	Cope	D 20-24	Open		Standard Distance Triathlon
7:00am	Wave 5	434 Simon	Claris	E 25-29	Open		Standard Distance Triathlon
7:00am	Wave 5	435 William	Dunkley	E 25-29	Open		Standard Distance Triathlon
7:00am	Wave 5	436 Josh	Faulks	E 25-29	Open		Standard Distance Triathlon
7:00am	Wave 5	437 Tom	Palmer	E 25-29	Open		Standard Distance Triathlon
7:00am	Wave 5	438 Marcus	Widdess	E 25-29	Open	OxfordTri	Standard Distance Triathlon
7:00am	Wave 5	443 George	Nairn	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	444 Linda	Alami	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	445 Chris	Berry	F 30-34	Open		Standard Distance Triathlon

7:00am	Wave 5	446 Adam	Cavell	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	447 Christian	Coan	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	448 Adam	Fairhurst	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	449 Tom	Holmes	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	450 James	Hunter	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	451 Angus	Inman	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	452 Craig	Lambert	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	453 Mitch	Perridge	F 30-34	Open	TheTriGuys	Standard Distance Triathlon
7:00am	Wave 5	454 Oliver	Rumsey	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	455 Christopher	Sanger	F 30-34	Open		Standard Distance Triathlon
7:00am	Wave 5	459 Mark	Awcock	G 35-39	Open	Belvoir Tri Club	Standard Distance Triathlon
7:00am	Wave 5	460 James	Baston - Pitt	G 35-39	Open	Meridian Tri	Standard Distance Triathlon
7:00am	Wave 5	461 Joseph	Carroll	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	462 Adam	Coates	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	463 Rob	Cowlan	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	464 Lee	Dockerill	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	465 Lewis	Fox-Phillips	G 35-39	Open	Independent	Standard Distance Triathlon
7:00am	Wave 5	466 Robert	Gallon	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	467 Ross	Hill	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	468 Daniel	Kirk	G 35-39	Open	Sheffield Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	469 Tom	Lennon	G 35-39	Open		Standard Distance Triathlon
7:00am	Wave 5	470 Richard	Moys	G 35-39	Open	PACTRAC	Standard Distance Triathlon
7:00am	Wave 5	471 Blake	Taylor	G 35-39	Open	Roadhoggs Leicester	Standard Distance Triathlon
7:00am	Wave 5	472 Calum	Turner	G 35-39	Open	Rutland Running & Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	479 Jonathan	Collins	H 40-44	Open	ROWPSC	Standard Distance Triathlon
7:00am	Wave 5	480 Alex	Glover	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	481 David	Potter	H 40-44	Open	Malvern Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	482 Kyle	Salmon	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	483 James	Symons	H 40-44	Open	Chasewater Triathlon Club	Standard Distance Triathlon

7:00am	Wave 5	484 Michal	Terka	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	485 Mike	Bywater	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	486 James	Pavitt	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	487 Wayne	Bullen	H 40-44	Open		Standard Distance Triathlon
7:00am	Wave 5	490 Darren	Coley	I 45-49	Open	PACTRAC	Standard Distance Triathlon
7:00am	Wave 5	491 Richard	Harding	I 45-49	Open		Standard Distance Triathlon
7:00am	Wave 5	492 Michael	Hendry	I 45-49	Open	Ely Tri Club	Standard Distance Triathlon
7:00am	Wave 5	493 Tom	Longley	I 45-49	Open		Standard Distance Triathlon
7:00am	Wave 5	494 Jason	Nila	I 45-49	Open		Standard Distance Triathlon
7:00am	Wave 5	495 Marvin	Phythian	I 45-49	Open	Leicester Triathlon	Standard Distance Triathlon
7:00am	Wave 5	496 Peter	Pavitt	I 45-49	Open		Standard Distance Triathlon
7:00am	Wave 5	503 Nicolas	Bertrand	J 50-54	Open	Ketton Tri club	Standard Distance Triathlon
7:00am	Wave 5	504 Howard	Blake	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	505 Mark	Booth	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	506 Alistair	Cross	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	507 Steven	Fosker	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	508 Richard	Jinks	J 50-54	Open	Speedhub	Standard Distance Triathlon
7:00am	Wave 5	509 Scott	Massey	J 50-54	Open	Team cake	Standard Distance Triathlon
7:00am	Wave 5	510 Stuart	Mcguire	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	511 Daniel	Richardson	J 50-54	Open	Pactrac	Standard Distance Triathlon
7:00am	Wave 5	512 Brad	Robinson	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	513 Simon	White	J 50-54	Open	Long Eaton Tri Club	Standard Distance Triathlon
7:00am	Wave 5	514 Richard	Wigginton	J 50-54	Open		Standard Distance Triathlon
7:00am	Wave 5	519 Mick	Hanson	K 55-59	Open	Louth Tri Club	Standard Distance Triathlon
7:00am	Wave 5	520 Mark	Philo	K 55-59	Open	Tri-Anglia Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	521 Jason	Ross	K 55-59	Open		Standard Distance Triathlon
7:00am	Wave 5	523 Peter	Weldon	L 60-64	Open	Bassetlaw Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	524 Tony	Gilbert	L 60-64	Open	Bourne Town Harries	Standard Distance Triathlon
7:00am	Wave 5	525 Adrian	Ebbs	L 60-64	Open	Kings Lynn Triathlon Club	Standard Distance Triathlon

7:00am	Wave 5	526 Huw	Payne	L 60-64	Open		Standard Distance Triathlon
7:00am	Wave 5	527 Ray	Thompson	L 60-64	Open	Welland Valley Triathlon Club	Standard Distance Triathlon
7:00am	Wave 5	530 David	Driver	M 65-69	Open	Bolton Tri	Standard Distance Triathlon
7:00am	Wave 5	531 Kevin	Marshall	M 65-69	Open		Standard Distance Triathlon
7:00am	Wave 5	532 Patrick	O'Brien	M 65-69	Open	South London Harriers	Standard Distance Triathlon
7:00am	Wave 5	535 Michael	Bond	N 70-74	Open	NA	Standard Distance Triathlon
7:00am	Wave 5	536 Colin	Nadin	J 50-54	Open	Belper 1020	Standard Distance Aquabike
7:00am	Wave 5	537 Matthew	Clarkson	K 55-59	Open		Standard Distance Aquabike
7:00am	Wave 5	538 Steve	Small	M 65-69	Open	Pactrac	Standard Distance Aquabike
7:00am	Wave 5	539 Matthew	Allsop	G 35-39	Open		Standard Distance Aquabike
7:05am	Wave 6	542 Olivia	Davies	C 19	Female	None	Standard Distance Triathlon
7:05am	Wave 6	545 Breah	McLoughlin	E 25-29	Female	Welland Valley Triathlon	Standard Distance Triathlon
7:05am	Wave 6	546 Rebecca	Okubadejo	E 25-29	Female		Standard Distance Triathlon
7:05am	Wave 6	547 Ellie	Piccaver	E 25-29	Female	PACTRAC	Standard Distance Triathlon
7:05am	Wave 6	548 Klaudia	Uryniuk	E 25-29	Female		Standard Distance Triathlon
7:05am	Wave 6	551 Emma	Ford	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	552 Rebekah	Hampton	F 30-34	Female	Louth Triathlon Club	Standard Distance Triathlon
7:05am	Wave 6	553 Izzy	Machin	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	554 Erin	McDowell	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	555 Maisie	Payne	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	556 Harriet	Pearsey-Alonzi	F 30-34	Female	Speedhub Tri Club	Standard Distance Triathlon
7:05am	Wave 6	557 Charlotte	Perfect	F 30-34	Female	Greenwich Tritons	Standard Distance Triathlon
7:05am	Wave 6	558 Sarah	Varnam	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	559 Laura	Waterhouse	F 30-34	Female		Standard Distance Triathlon
7:05am	Wave 6	562 Katy	O'Neill	G 35-39	Female	Spa Tri Coaching	Standard Distance Triathlon
7:05am	Wave 6	563 Hesta	Bailey	G 35-39	Female	Belper1020	Standard Distance Triathlon
7:05am	Wave 6	564 Joanna	Connelly	G 35-39	Female	Stafford Triathlon Club	Standard Distance Triathlon
7:05am	Wave 6	565 Olga	Galezowska	G 35-39	Female		Standard Distance Triathlon
7:05am	Wave 6	566 Phoebe	Lowick	G 35-39	Female	PGC1	Standard Distance Triathlon

7:05am	Wave 6	567 Sarah	Roan	G 35-39	Female	Total Tri Training	Standard Distance Triathlon
7:05am	Wave 6	570 Caoimhe	De Ste Croix	H 40-44	Female	Thames Turbo Triathlon Club	Standard Distance Triathlon
7:05am	Wave 6	571 Gillian	Bullen	H 40-44	Female		Standard Distance Triathlon
7:05am	Wave 6	572 Michelle	Ginieres	H 40-44	Female		Standard Distance Triathlon
7:05am	Wave 6	573 Victoria	Morley	H 40-44	Female		Standard Distance Triathlon
7:05am	Wave 6	574 Sophie	Potter	H 40-44	Female	Malvern Triathlon Club	Standard Distance Triathlon
7:05am	Wave 6	575 Frances	Wood	H 40-44	Female		Standard Distance Triathlon
7:05am	Wave 6	576 Alice	Waldmeyer	I 45-49	Female	Meridian Triathlon Club	Standard Distance Triathlon
7:05am	Wave 6	577 Kerry	Bonham	I 45-49	Female	1485 Tri Club	Standard Distance Triathlon
7:05am	Wave 6	578 Anna	Nudds	I 45-49	Female	Total Tri Training	Standard Distance Triathlon
7:05am	Wave 6	579 Clare	Surrell	I 45-49	Female	Leicester triathlon	Standard Distance Triathlon
7:05am	Wave 6	580 Bryony	Chalcraft	I 45-49	Female		Standard Distance Triathlon
7:05am	Wave 6	581 Naomi	Course	I 45-49	Female	Ely Tri Club	Standard Distance Triathlon
7:05am	Wave 6	582 Jill	Henshaw	I 45-49	Female		Standard Distance Triathlon
7:05am	Wave 6	583 Jennifer	Russell	I 45-49	Female	Tri3 Sleaford	Standard Distance Triathlon
7:05am	Wave 6	587 Kate	Follows	J 50-54	Female		Standard Distance Triathlon
7:05am	Wave 6	588 Sharlene	Mclaughlin	J 50-54	Female		Standard Distance Triathlon
7:05am	Wave 6	589 Sophie	Smith	J 50-54	Female	Roadhogs	Standard Distance Triathlon
7:05am	Wave 6	592 Angela	Parkin	K 55-59	Female	Team Manvers	Standard Distance Triathlon
7:05am	Wave 6	594 Michele	Coe-O'Brien	M 65-69	Female	South London Harriers	Standard Distance Triathlon
7:05am	Wave 6	596 Liv	Meddings	I 45-49	Female		Standard Distance Aquabike
7:05am	Wave 6	597 Anna	Reid	I 45-49	Female	N/A	Standard Distance Aquabike
7:05am	Wave 6	598 Alison	Pringle	E 25-29	Female		Standard Distance Aquabike
7:05am	Wave 6	600 Sarah	Mitchelson	H 40-44	Female		Standard Distance Aquabike
7:05am	Wave 6	602 Constance	Gilbert	L 60-64	Female	BRJ Run & Tri	Standard Distance Aquabike
7:20am	Wave 7	604 Gideon	Newell	A 15-16	Open		Sprint Distance Triathlon
7:20am	Wave 7	606 Ewan	Cowling	C 19	Open		Sprint Distance Triathlon
7:20am	Wave 7	607 Haydn	Newell	C 19	Open		Sprint Distance Triathlon
7:20am	Wave 7	610 Sebastian	Newell	D 20-24	Open		Sprint Distance Triathlon

7:20am	Wave 7	611 Max	Daniels	D 20-24	Open	Pactrac	Sprint Distance Triathlon
7:20am	Wave 7	614 Alasdair	Ager	E 25-29	Open		Sprint Distance Triathlon
7:20am	Wave 7	615 Ewan	Howitt	E 25-29	Open	N/a	Sprint Distance Triathlon
7:20am	Wave 7	616 Joshua	Johnston	E 25-29	Open		Sprint Distance Triathlon
7:20am	Wave 7	619 David	Albon	F 30-34	Open		Sprint Distance Triathlon
7:20am	Wave 7	620 Daniel	Enzer	F 30-34	Open		Sprint Distance Triathlon
7:20am	Wave 7	621 Henry	Redington	F 30-34	Open		Sprint Distance Triathlon
7:20am	Wave 7	622 Chris	Searle	F 30-34	Open	Efficient Endurance	Sprint Distance Triathlon
7:20am	Wave 7	623 Daniel	Temperton	F 30-34	Open		Sprint Distance Triathlon
7:20am	Wave 7	624 Rhys	Wilkinson	F 30-34	Open	Welland Valley Triathlon Club (WVTri)	Sprint Distance Triathlon
7:20am	Wave 7	625 Jake	Daniels	F 30-34	Open	Pactrac	Sprint Distance Triathlon
7:20am	Wave 7	626 Conor	Kane	F 30-34	Open		Sprint Distance Triathlon
7:20am	Wave 7	629 Max	Winkler	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	630 Jonathan	Albon	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	631 Robert	Farrow	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	632 Stewart	Kirkpatrick	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	633 Garry	Park	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	634 Katie	Webb	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	635 James	Woore	G 35-39	Open		Sprint Distance Triathlon
7:20am	Wave 7	640 Steven	Brecht	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	641 Alistair	Dunscombe	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	642 Michael	Fairley	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	643 Daniel	Hirst	H 40-44	Open	N/A	Sprint Distance Triathlon
7:20am	Wave 7	644 Chris	Holden	H 40-44	Open	REFLECTIVE ENDURANCE COACHING	Sprint Distance Triathlon
7:20am	Wave 7	645 Andrew	Parker	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	646 Mathew	Rippin	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	647 Max	Roberts	H 40-44	Open		Sprint Distance Triathlon
7:20am	Wave 7	652 Simon	Banks	I 45-49	Open		Sprint Distance Triathlon
7:20am	Wave 7	653 Jon	Binney	I 45-49	Open	RunPals	Sprint Distance Triathlon

7:20am	Wave 7	654 Nicola	Cowling	I 45-49	Open		Sprint Distance Triathlon
7:20am	Wave 7	655 Daniel	Greenfield	I 45-49	Open		Sprint Distance Triathlon
7:20am	Wave 7	656 Tim	Henson	I 45-49	Open		Sprint Distance Triathlon
7:20am	Wave 7	660 Stu	Wright	J 50-54	Open		Sprint Distance Triathlon
7:20am	Wave 7	664 Simon	Hoppe	K 55-59	Open	PACTRAC	Sprint Distance Triathlon
7:20am	Wave 7	665 Gary	Cooper	K 55-59	Open		Sprint Distance Triathlon
7:20am	Wave 7	666 Mark	Gill	K 55-59	Open		Sprint Distance Triathlon
7:20am	Wave 7	667 William	Hill	K 55-59	Open		Sprint Distance Triathlon
7:20am	Wave 7	668 Alexander	Hoyle	K 55-59	Open		Sprint Distance Triathlon
7:20am	Wave 7	669 Jonathan	Ibbott	K 55-59	Open	NA	Sprint Distance Triathlon
7:20am	Wave 7	675 Neill	Case	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	676 Nicholas	Cousins	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	677 Mark	Enzer	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	678 Shane	Gunstone	L 60-64	Open	Mansfield Tri Club	Sprint Distance Triathlon
7:20am	Wave 7	679 Andrew	Herd	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	680 Richard	Hussey	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	681 Gary	Phillips	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	682 Paul	Treadwell	L 60-64	Open	BRJ Run and Tri	Sprint Distance Triathlon
7:20am	Wave 7	683 Allan	Willis	L 60-64	Open		Sprint Distance Triathlon
7:20am	Wave 7	684 Sean	Woodward	L 60-64	Open	N/A	Sprint Distance Triathlon
7:20am	Wave 7	688 Steve	Hunt	M 65-69	Open	Wolds Breakfast Club	Sprint Distance Triathlon
7:20am	Wave 7	689 Andrew	Pearsey	M 65-69	Open		Sprint Distance Triathlon
7:20am	Wave 7	690 Nigel	Wilson	M 65-69	Open		Sprint Distance Triathlon
7:20am	Wave 7	693 Richard	Pearson	P 75-79	Open	Brighton Multiports	Sprint Distance Triathlon
7:20am	Wave 7	694 Peter	Wright	P 75-79	Open		Sprint Distance Triathlon
7:25am	Wave 8	702 Olivia	Ward	C 19	Female	Stamford tri club	Sprint Distance Triathlon
7:25am	Wave 8	705 Jasmine	Kilmartin	D 20-24	Female	Club coaction	Sprint Distance Triathlon
7:25am	Wave 8	706 Ellie	Wigginton	D 20-24	Female		Sprint Distance Triathlon
7:25am	Wave 8	709 Cara	Bostock	E 25-29	Female		Sprint Distance Triathlon

7:25am	Wave 8	710 Beth	Brown	E 25-29	Female	LB Coaching	Sprint Distance Triathlon
7:25am	Wave 8	711 Molly	Colbert	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	712 Megan	Flowers	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	713 Amy	Hoyle	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	714 Natasha	Rust	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	715 Jessica	Tomey	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	719 Amy-Grace	Enzer	F 30-34	Female		Sprint Distance Triathlon
7:25am	Wave 8	720 Esther	Unwin	F 30-34	Female		Sprint Distance Triathlon
7:25am	Wave 8	721 Josephine	Weston-Ross	F 30-34	Female		Sprint Distance Triathlon
7:25am	Wave 8	725 Samantha	Hayman da Silva	G 35-39	Female	1485 Tri	Sprint Distance Triathlon
7:25am	Wave 8	726 Abbie	Hodgson	G 35-39	Female		Sprint Distance Triathlon
7:25am	Wave 8	727 Samantha	Littlefair	G 35-39	Female		Sprint Distance Triathlon
7:25am	Wave 8	728 Zoe	Mountford	G 35-39	Female		Sprint Distance Triathlon
7:25am	Wave 8	729 Kerri-Anne	Northrop	G 35-39	Female		Sprint Distance Triathlon
7:25am	Wave 8	730 Sarah	Prattley	G 35-39	Female	Total Tri Training	Sprint Distance Triathlon
7:25am	Wave 8	731 Jessica	Roan	E 25-29	Female		Sprint Distance Triathlon
7:25am	Wave 8	732 Catherine	Eames	H 40-44	Female	Tri London	Sprint Distance Triathlon
7:25am	Wave 8	734 Katie	Gallimore	H 40-44	Female	Enduro	Sprint Distance Triathlon
7:25am	Wave 8	737 Emma	Frain	I 45-49	Female	Leicester Triathlon Club	Sprint Distance Triathlon
7:25am	Wave 8	738 Susie	Freeman	I 45-49	Female	PACTRAC	Sprint Distance Triathlon
7:25am	Wave 8	739 Sophie	Holt	I 45-49	Female	Welland Valley Tri	Sprint Distance Triathlon
7:25am	Wave 8	743 Charlotte	Clark	J 50-54	Female		Sprint Distance Triathlon
7:25am	Wave 8	744 Natasha	Crouch	J 50-54	Female	Welland valley tri	Sprint Distance Triathlon
7:25am	Wave 8	745 Alison	Foote	J 50-54	Female		Sprint Distance Triathlon
7:25am	Wave 8	746 Bek	Johnson	J 50-54	Female	WVTri	Sprint Distance Triathlon
7:25am	Wave 8	747 Elspeth	Lawson	J 50-54	Female		Sprint Distance Triathlon
7:25am	Wave 8	748 Sarah	Marshall	J 50-54	Female		Sprint Distance Triathlon
7:25am	Wave 8	752 Jo	Hunt	K 55-59	Female	Wolds Breakfast Club	Sprint Distance Triathlon
7:25am	Wave 8	753 Kim	Owen	K 55-59	Female	Farrunners	Sprint Distance Triathlon

7:25am	Wave 8	755 Hilary	Roberts	M 65-69	Female		Sprint Distance Triathlon
7:25am	Wave 8	756 Linda	Arnold	L 60-64	Female	Rutland Running & Triathlon	Sprint Distance Triathlon
7:25am	Wave 8	757 Jacqueline	Smith	L 60-64	Female	Meridian Triathlon Club	Sprint Distance Triathlon